

The Health-Grip

Take hold of our children's health and wellbeing

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The Health-Grip

- All children have the right to live and be healthy
- Health is not only diagnoses and health care
- Hans Rosling's *health-grip* describes what good health is built upon



Hans Rosling & gapminder.com



Nutrition – Food



Basic prerequisites
for health



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Food

- Nutritious and right amount
- Two thirds of the world's children do not get enough or the wrong kind of food
- Climate change, droughts, export-obstacles etc
- Famine in the Horn of Africa and Madagascar
- 20% of children in Sweden are overweight



<https://photos.unicef.org/archive/-2AMZIFYBC4M.html>



WASH - Clean Water



Basic prerequisites
for health



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Clean Water

- To drink, for hygiene and to cook
- Half of the world's children have limited access to water
- Climate change → floodings due to heavier and more frequent sky falls
- UNICEF is working to increase the access to water, sanitary practices and new methods to solve the water issue



<https://photos.unicef.org/archive/-2AMZIFYXPYZ.html>



Education – Social Welfare



Basic prerequisites
for health



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Social Welfare

- Social welfare is a part of the school
- School attendance provides children with knowledge and social skills
- During the COVID-19 pandemic 75% of all children could not attend school
- Closings of schools led to child labour, teenage pregnancies and deteriorating mental health
- Working towards the right to an education for ALL children is critical



<https://photos.unicef.org/archive/-2AM4080149K8.html>



Child Protection – Material Welfare



Basic prerequisites
for health



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Material Welfare

- Material welfare is partly about living conditions
- A good residence in a safe environment facilitates good health
- Globally, one billion people live in slum-area
- By 2030 that number will have doubled
- In Sweden living conditions are better but cramped housing conditions and child poverty is increasing



<https://photos.unicef.org/archive/-2AMZIFK46L9.html>



Health – Vaccinations



Basic prerequisites
for health



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Vaccinations

- Non-vaccinated children are susceptible to diseases such as measles
- The COVID-19 pandemic led to many children falling off routine vaccination programs
- Previously almost eradicated diseases, such as polio, are making a comeback
- UNICEF is the worlds largest buyer and supplier of vaccines and yearly provide half of the worlds children with vaccines



<https://photos.unicef.org/archive/-2AMZIFZCKRL.html>



<https://photos.unicef.org/archive/-2AMZIF6JGN3.html>

A group of children, mostly young girls, are walking away from the camera on a dusty, unpaved path. Many of them are carrying bright blue backpacks with the UNICEF logo on the back. They are dressed in traditional or simple clothing. The background shows a dry, open landscape with some simple structures and more people in the distance. The overall scene suggests a school or a community gathering in a rural or developing area.

Our children's health and wellbeing are intimately connected to the world we live in

It will take all our innovation and adjustability to give the children of today and future generations adequate conditions for good health

Voices of Youth

- Voices of Youth is UNICEF's digital community **for youth, by youth**
- Provides young people with a platform to demand change and speak up
- Tips for youth engagement
 - Tools for young climate activists

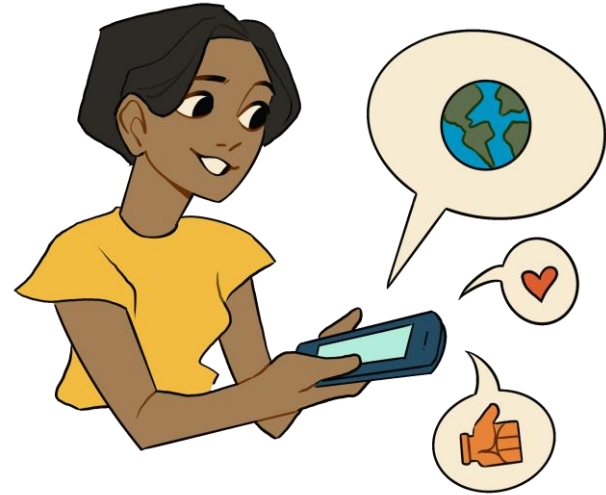


Image Credit: Voices of Youth

Recommended material

- [Prospects for children in 2022: a global outlook](#)
- [Addressing the learning crisis](#)
- [Groundswell Part 2: Acting on Internal Climate Migration](#)
- [Immunization Agenda 2030](#)
- [Over half of known human pathogens can be aggravated by climate change](#)
- [UNICEF Strategy for Health, 2016-2030](#)
- [World population prospects 2022 – United Nations](#)
- [Voices of youth](#)

Thank you for listening

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