



Våra barns
klimat



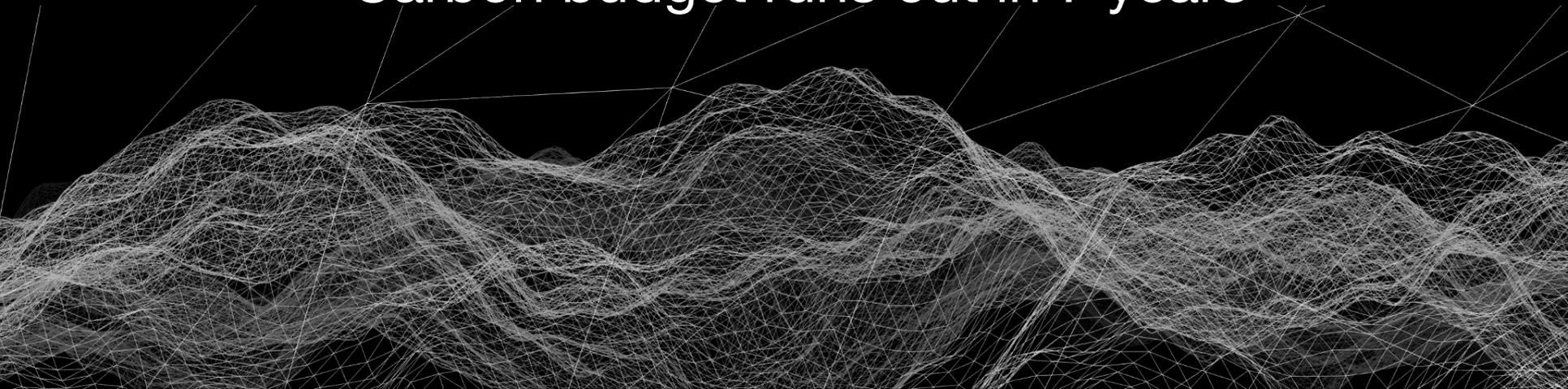
OUR KIDS° CLIMATE

Uniting parents for climate action

Emissions are still rising

Energy from fossil fuels: 87%

Carbon budget runs out in 7 years



A young girl with dark, curly hair is looking upwards and to the right. She is wearing a red top with colorful circular patterns and a yellow beaded necklace. The background shows a beach and the ocean. A large white circle is overlaid on the right side of the image, containing the text "Children hit here and now!". In the background, another child is visible standing on a wooden post in the water. A white ring is also visible in the upper right corner of the image.

**Children hit
here and
now!**

More than 90% of the world's children breathe toxic air every day

One billion children at 'extremely high risk' of the impacts of the climate crisis - UNICEF

Report finds devastating links between increased violence against children and climate change

- 920 million children are highly exposed to water scarcity
- 820 million children are highly exposed to heatwaves
- 600 million children are highly exposed to vector-borne diseases
- 400 million children are highly exposed to cyclones
- 330 million children are highly exposed to river flooding and 240 million to coastal flooding



Who would want to
CRACK OPEN
A WARM ONE
THE BOYS IT IS

BE A PART OF
THE SOLUTION,
NOT PART OF
THE POLLUTION!

THERE IS
NO
PLANET

THE CLIMATE
IS CHANGING

IT'S A beautiful
WORLD
LET'S KEEP IT THAT WAY!!!

CLIMATE
CHANGE
ISN'T



Vi är Aurora
vi ska stämma staten



Youth v. Gov
Juliana v. US





*“When will the
world end?”*

Global study on climate anxiety (Lancet)

1

Climate worry/anxiety: 84%

2

Affecting play, school, free time: 45%

3

Hold adults and governments responsible

Why talk to children about climate?

- They're already thinking about it
- Right to science-based knowledge, skills and competencies for the future
- It helps build resilience
- Paris Agreement + UN Convention on the Rights of the Child



Talk + act!



*How can we talk to
children about
climate?*

Do!

1

Start with open question – gauge knowledge, interest and feelings.

2

Tell the (age-appropriate) truth but emphasize it's not a 'done deal'.

3

Talk about emotions, and confirm them.

In short

- It's very serious
- It's us
- People, animal and planet is affected now
- We have the solutions
- Everyone can pitch in!

On hope

1

Knowledge and space for honest discussion

2

Positive solutions, active citizenship and visions!

3

Collective and local action

Pitfalls

1

False insurances: "It'll be fine"

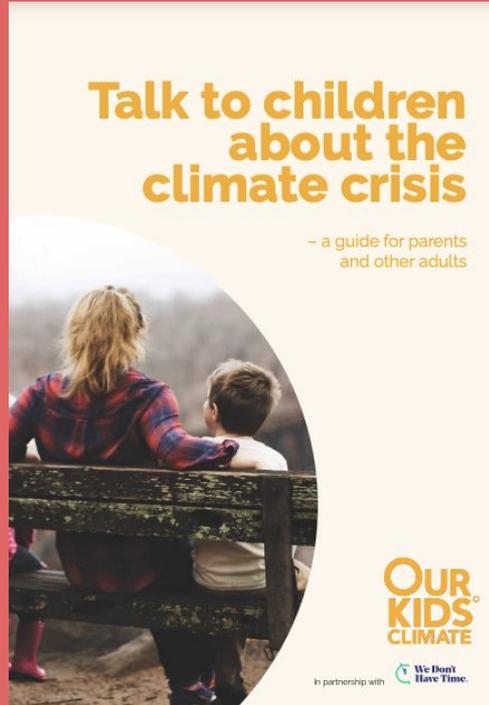
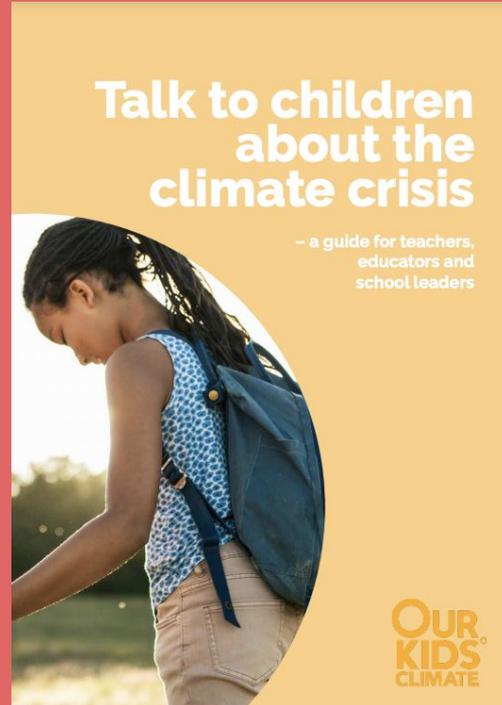
2

Individual focus and new technical solutions

3

Skipping emotions

Read more



Thank you!

Frida Berry Eklund

frida@varabarnsklimat.se

Twitter & Instagram: @klimatfrida

